



# SARAH MARIE HEALY

Physical Performer & Circus Trainer

12/3 Cower Mews, White Gum Valley, Perth, Western Australia 6162

phone: +61435463266 email: healy.sarah@outlook.com

Age: 31 Height: 165cms Eyes: Blue Hair colour: Brown

## Performance Highlights

Kaleidoscope, Southern Edge Arts, October 2023  
Collaborative Fire and Storytelling Performance.

Outback Dreaming, Perth Royal Show & O Entertainment, October 2023  
Nightly spectacle, fire show

The Silly Town Circus, West Australian Circus Festival 2022  
All female clown performance, comedy, circus, physical theatre.

Three's a Crowd, Disco Cantito, Perth Circus Festival 2021  
Dynamic trio show, Partner acrobatics, juggling, clowning.

Code of Rituals & The Witch and the Goat, Existence Theatre, Perth Fringe  
2021. Ensemble member, improvised movement, partner acrobatics, voice.

Aurora Galore and the Glamorous Weirdos, Perth Fringe Festival 2019  
Contortion act 'Manipulated', group fire dance.

Pre- Game Fire Show, Dangerous Delights, NIB Stadium, April 2019  
Fire dancing in 12-person choreographed fire and pyrotechnics spectacular

Fright Nights, Adventure World, April 2019;  
Roving character and circus performance; hoops, juggling, acrobatics

Fusion Festival, Dangerous Delights, Newman, WA 2018  
Festival finale fire show at regional cultural festival, workshop instructor

Los Clowntinos, Mauricio Unlimited, De Parade & The Showman Fair, The  
Netherlands, 2018; Acrobatics and character in interactive children show

Steve Hensby's Circus, Perth Fringe Festival 2018  
Contortion, clowning, fire dancing and group choreography with full band

Glowstick Tricks in Space, Atmospheric Artistries, Perth Fringe Festival 2018  
Performer and co-choreographer in children's comedy show.

Seven Minute Sideshow, Debajehmujig Creation Centre, CA 2016;  
Original solo 7-minute piece – storytelling, acrobatics, fire dance.

The Red Shoes, The Moon Ballad Circus, Ottawa Fringe Festival 2016  
Co-writer, director, and performer. Theatrical fire dance and storytelling

Shakespeare on the Road, Tulane University, New Orleans 2014: Various  
characters in a mashup of Shakespeare plays, educational show touring schools.

## Profile

I am a multi-skilled, adaptable performer with a love of creative collaboration.

A passion to impart the transformative power of performance to audiences drives me. I have a broad knowledge and understanding of performance and a professional approach.

I find great joy in teaching and enriching lives through circus arts; enhancing individual wellbeing, facilitating connection and fostering a sense of community. I live and work at SHAC (Sustainable Housing for Artists and Creatives) in Fremantle.

## Specialised Skills:

Fire Dance

(Poi, Hula Hoop, Rope Dart, Fire Fans, Fire eating and tracing)

Acrobatics

Juggling (intermediate)

Acrobalance (intermediate)

Stilt Walking

Clowning

# Teaching

Circus WA, Fremantle, June 2018– current

Planning and designing programmes for general circus classes as well as performances for the Academy Youth Troupes, working with diverse groups including Indigenous youth, disabled youth and teens, and coach skills in Acrobatics, Aerials, Object Manipulation and Equilibristic.

Rehearsal director on recent production “B’spoke” October 2023.

Kelete Studios, Hamilton Hill, Jan 2020 – 2021

Teaching acrobatic dance, and circus workshops in a highly inclusive setting.

Cirquest Circus, Perth, June 2018- May 2019

Supporting teenage students in skill development and performance making. Guiding developing students in foundational circus skills and body awareness.

Spunout Fire and Circus Festival 2016-present

Annual event, teaching clown and object manipulation

# Education/Training

Clowning in Connection between Inside and Outside // Jan 2023

Two day intensive with Pedro Fabiao

Circus Theatre Development Weekend // Circus WA 2020

Workshops with Ella Hetherington and panel discussions on modern circus’ intersection with theatre

Body Wilderness // Manitoulin Conservatory of Creation and Performance 2019

Training with Fiona Griffiths in accessing the sensing, intuitive, feeling body for clown work.

Circus Lab // Cirquest 2018

Creative improvisation workshop with circus artist Aline Chaplet Battle.

Training Development Program // Cirquest Circus 2018

An intensive month-long program working to develop “Luminous” presented by Cirquest for Fringe World. Run by Isobel Lyall, Isaac Salter and Jaimee Campbell

Clown Through Mask, Intensive course // Manitoulin Conservatory for Creation and Performance 2016

Working with John Turner on Richard Pochinko’s technique of exploring clown through mask, imagination, and body.

Curtin University of Technology /// 2012 - 2014

Bachelor of Arts (Performance Studies and Creative Writing)

Exchange Program – Tulane University, New Orleans 2013

Skadada Youth Circus // 2007 - 2012

Circus Training combining yoga, ballet, martial arts and gymnastics to create aerial dance and ground performances.